**FINAL REPORT COVER SHEET**

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| 1 | **Grant Number** | 90DN0301-02-00 |
| 2 | **Project Title** | “Our Community Standing Strong” (OCSS)  A Regional Technical Assistance Center for the Southern Collaborative |
| 3 | **Grantee Name & Address** | Self Advocates Becoming Empowered  4401 West Northwood Lake Dr.  Northport, Al. 35473 |
| 4 | **Telephone number** | 205-310-4839 |
| 5 | **Project Period** | October 1, 2013-September 30, 2016 |
| 6 | **Reporting Period** | October 1, 2013-September 30, 2016 |
| 7 | **Project Director/Principal Investigator** | Vicki Hicks Turnage |
| 8 | **Report Author** | Chaqueta Stuckey  Vicki Hicks Turnage |
| 9 | **Telephone** | Chaqueta Stuckey: 843-313-7379  Vicki Hicks Turnage: 205-310-4839 |
| 10 | **Date of Report** | December |
| 11 | **Total Grant Period** | October 1, 2013-September 30, 2016 |
| 12 | **ACL Program Officer** | Katherine Cargill-Willis |
| 13 | **ACL Grants Specialist** | LaDeva Harris |

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| **MEASURABLE OUTCOMES**  [https://tse1.mm.bing.net/th?&id=OIP.M2abd5771bf9f2ff5e0da80c73c5cb7bao0&w=177&h=176&c=0&pid=1.9&rs=0&p=0&r=0](https://www.bing.com/images/search?q=measurable+outcomes&view=detailv2&&id=355821A98B8615DFB6F3CF1961CC660755ADCC30&selectedIndex=5&ccid=Kr1Xcb%2bf&simid=608046763348789382&thid=OIP.M2abd5771bf9f2ff5e0da80c73c5cb7bao0) | | | |
| **1.** | **What measurable outcomes did you establish for this project?** | 1. Each of the 9 states in the Southern Collaborative OCSS develops a T/TA plan written by self advocates for self-advocates 2. Each state collects 150 needs assessment collected (1200 for the region). 3. SABE will guide/mentor the development and implementation of their plan using SABE and regional T/TA resources, including support from their state DD Network partners and other community groups. 4. The project hosts 5 webinars annually on topics selected by the Advisory Committee. 5. The [**www.sabeusa.org**](http://www.sabeusa.org) website dedicates space for the project to publicly share their accomplishments, challenges, and best practices with each writing two blogs per state (16 for region). 6. In addition, each state work plan addresses strategies for sustainability and T/TA needs of each state. |
| **2.** | **What indicators did you use to measure performance?** | Outcome based contracts were developed with each state on an annual basis based on the desired outcomes identified in 1. The contracts outlined the quarterly expectations for each state. States were paid when the outcomes were produced. The project modified outcomes based on the capacities of the states participating.  In addition, indicators used to measure performance included:   * State Plans and quarterly reports * # of needs assessments surveys completed * Peer to Peer Technical Assistance Activities   1. # of webinars and participants   2. # of Advisory Committee Meetings (Face to Face)   3. # of Advisory Committee Meetings (Go To Meeting)   4. # of Vlogs * Feedback from participants on project * Development of a sustainability plan * Project features on SABE Website * Facebook page * You Tube Playlist on SABE Channel |
| **3.** | **To what extent did your project achieve the outcomes?** | 1. Nine of nine states completed their state plans or prepared a plan and are reporting progress. Only one state did not complete a final report 2. Survey count for OCSS states is 1360. Arkansas did not complete their 150 surveys, however after working with state a plan was developed to assist in moving forward. Mississippi completed 184 surveys but collapsed their responses and entered in survey monkey.    1. The project also collaborated with the Southwest Alliance Self Advocacy TA Center and they are using the survey developed during the first year of the project. This Center has completed 808.   Total surveys with results: 2221: Completed: 1917  Link to survey results: <https://www.surveymonkey.com/results/SM-KYNYNS67/>   1. Peer to Peer Technical Assistance to states was provided through the following methods:    1. 6 Face to Face Advisory Meetings    2. 12 Go to Meeting events.    3. 18 Webinars (see list of topics in attachments)    4. 3 state events in Alabama, Arkansas and Georgia 2. SABE’s website hosted a page for OCSS activities. Activities of project including project reports are on the <http://www.sabe.org> 3. Our Community Standing Strong posted 79 Vlogs on SABE You Tube station. In addition, USM Institute on Disability Studies posted 15 additional Chit Chat series vlogs. Total for project:    1. Our Community Standing Strong-54 vlogs <https://www.youtube.com/playlist?list=PLHe4SX3HJvyt8jUw4e5BzvfquH-2M1rXg>    2. Mississippi created a vlog series with the assistance of the Institute for Disability Studies called Chit Chat with Taylor- 17 vlogs (includes 2 listed in Our Community Standing Strong series) <https://www.usm.edu/disability-studies/chit-chat-taylor>    3. Created new series of Vlogs on States Self Advocacy Organizations Challenges and Successes-8 vlogs   <https://www.youtube.com/playlist?list=PLHe4SX3HJvysjqzKIGdN-RfKMypWrR98p>   * 1. Technology Handbook Video Series- 17 vlogs that can be used in conjunction with the Technology Handbook created by Project Vote, OCSS and SABE in 2015. <https://www.youtube.com/playlist?list=PLHe4SX3HJvyvIsmeJOu_jsTrcVwpbh20M>  1. A sustainability plan developed by the OCSS Advisory committee establishes a structure for continuation of the webinars, Vlogs and face to face meetings. |
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| **CHALLENGES**  **C:\Documents and Settings\Katherine.CargillWi\Local Settings\Temporary Internet Files\Content.IE5\VJ0S6EK0\MP900341384[1].jpg** | | |
| 1. | What challenges did you face during the project? | Challenges included:   1. Self Advocacy groups were at different levels in the supports available to advisory committee members individually and at the organizational level. 2. Examples of this include:    1. North Carolina’s group was rebuilding and there were limited resources available to support one of the advisory members travel to participate in face to face meetings.    2. Florida’s self advocacy coordinator and agency assisting with fiscal intermediary services for the organization was changed by the funding source at the end of year two. This resulted in problems with the implementation of their plan, reports and vlogs.    3. Oklahoma’s self advocacy leaders and support struggled with meeting deadlines and follow though issues.    4. Arkansas experienced a great deal of conflict between the self advocacy leadership in the project. This resulted in significant problems with productions of outcomes for project. However, SABE Leadership, Project staff and peers from Tennessee met with partners and self advocates in person and by phone to develop strategies that resulted in a plan to rebuild the self advocacy movement in Arkansas.    5. DD partners in the project experienced some problems at the beginning of the grant with understanding how to support the self advocacy community. At times problems surfaced related to state issues.    6. Access to and use of technology    7. Difficulties in obtaining final reports from all states.    8. Webinar participation outside of advisory committee members and allies was limited at times. |
| 2. | What actions did you take to address these challenges? | Actions taken to address the challenges included:   1. Peer to Peer Webinars were provided on topics such as:    1. Strategies for working with your partners    2. Grant writing and fundraising    3. Strategies on how partners can support self advocacy organizations    4. On-going technical assistance by project staff to state organizations and partners.    5. Sustainability Planning for project activities    6. Face to Face Technical Assistance provided to Alabama and Arkansas self advocacy organizations and partners resulting in a strategic plan for supporting the movement in these states.    7. Encouragement of Partners participation in Advisory meetings and webinars. This provided the opportunity for project staff to model ways to support self advocates and the movement.    8. Renegotiation of contracts to provide each organization the opportunity to succeed in producing outcomes.    9. Engagement of self advocates in production of Vlogs and participation in webinars, go to meetings to facilitate opportunities for practice in the use of technology    10. Engagement of self advocates in the publishing of a Technology Handbook with SABE’s Vote Project and the production of an accompanying Vlog series with Regional Self Advocacy Projects (Northeast Advocates Together and Southwest Alliance) |

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| IMPACT  [https://tse1.mm.bing.net/th?&id=OIP.M4116fa0a978cca68e3f917db6f5fd91bH0&w=198&h=188&c=0&pid=1.9&rs=0&p=0&r=0](https://www.bing.com/images/search?q=IMPACT&view=detailv2&&id=DB90FDC31652C13AD851B2AE6301F56BB4C24195&selectedIndex=23&ccid=QRb6CpeM&simid=608008005559715698&thid=OIP.M4116fa0a978cca68e3f917db6f5fd91bH0) | | |
| 1. | What impact do you think this project has had to date? | The impact of the project is summed up by a quote form Chaqueta Stuckey, Project Co-Director in an article on the project featured in the 2016 Fall Issue of SABE Nation.  “There were many challenges faced among states participating. However, nothing could stop the energy, dedication, commitment and the passion for moving forward with the South’s work on self advocacy.  Many accomplishments have been harvested during this period. It helps us validate the significance of OCSS and the South’s work in self advocacy. We accomplished so much.”  In addition to Ms. Stuckey’s comments, the project also resulted in the creation of four jobs for self-advocate leaders from the advisory committee.  Disability Rights Arkansas and Partners for Inclusive Communities (Arkansas UCEDD) and the Arkansas DD Council provided support needed to create a self-advocacy coordinator position. Arkansas employed a self-advocacy leader from Alabama Darren Morris in this position.  The Institute on Disabilities Studies at the University of Southern Mississippi also employed Taylor Carley, a youth leader in Mississippi as a self-advocacy coordinator to work with the Mississippi self advocacy team.  The Alabama DD Council provided funds to People First of Alabama to employ two self-advocacy leaders Brittany Gore and Nikki Dawson to continue to support Our Community Standing Strong.  Comments from state advisory committee members and allies included the following:  “The project has created many opportunities for state self advocacy leaders and allies to network and strengthen the power of self advocacy movement.” Ebony DeLoach, IMPACT SC.  Some or the participant’s responses to evaluation questions on their experiences included:   * Empowering * Outstanding * EPIC! * Learned what other states are doing in self advocacy * Power of networking * Equal participation among the states bring tremendous growth in the movement * Promote what you do * Enjoy the successes * Learn everyday what others are doing * It takes time but work helps group as a whole * Create a culture of inclusion for all, regardless of challenges * Continue to fight the fight * Train others * Expand and extend technical assistance to state and continue to sustain self advocates efforts in South * It is important to continue the funding for our efforts * Webinars were helpful * Learning about technology * Maintaining the spirit of the movement * Some of the comments from the participants regarding the challenges included:   1. Lot of calls and webinar   2. Engagement   3. Technology | |
| 2. | What are the lessons you learned from undertaking this project? | 1. Outcome based contracting works well for self-advocacy organizations due to the fact the expectations are well defined. This type of contracting is easier to manage and more likely to be achieved by organizations. An example of this is that we specified that organizations from the OCSS project committed to complete 150 surveys to identify needs for the development of a TA plan, reach out to their grassroots through sponsoring 8 activities in their states on issues of importance each year of the grant, produce video vlogs, and present webinars. 2. Self-advocates learn best from each other through sharing their successes, discussing their experiences through interactive webinars and face to face discussions. 3. Collaborative approaches between self-advocacy organizations and their partners work best when they are based on personal connections and relationships. All our states have worked together for years and we could build on these relationships to strengthen the organizations involved. 4. States and partners have unique relationships that have developed over time. This uniqueness requires patience and understanding of the personalities of the states and the individuals involved. 5. With all the uniqueness within our community, all self advocacy organization face the same challenges and need for information on developing new leadership among youth, membership recruitment of youth and from underserved communities such as Native Americans and self-advocates who identify as LGBTQ. 6. Disability Partners for the most part are committed to supporting self advocacy, but often do not know what or how to do this. 7. Not only has it been important for our OCSS States to work together but it is so important to connect with other Regional TA projects and share our successes and challenges. This process has helped identify strategies that we all use such as teaching self-advocates about technology and face to face connections. 8. We have learned how to support self-advocates to work together with other social justice organizations on a local level to address the crisis of inequality in our communities. 9. Self-advocates develop their leadership capacity by learning from other self-advocates who are leaders and by being supported by seasoned self-advocates and supporters to “just do it” and learn from doing. 10. Technology is power. Self-advocates and their organizations struggle with technology due to limited access to opportunity to practice, lack of access to smart phones, tablets, internet, however despite these challenges OCSS and the other TA projects have had success in increasing capacity through opportunities to practice with webinars, video conferencing and interactive websites. Increasing the use of social media has greatly enhanced our ability to reach more individuals. 11. Personal stories and personal connections between self-advocacy leaders, allies and supporters provide the fuel that powers the movement. This intangible has been crucial to the success of our efforts. | |

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| [https://tse1.mm.bing.net/th?&id=OIP.M8a5732f6e2c64177a3c5b9abbae74461H0&w=300&h=224&c=0&pid=1.9&rs=0&p=0&r=0](https://www.bing.com/images/search?q=project+sustainability&view=detailv2&&id=A69ABCD5F10BC522189C76DB98E935757735061A&selectedIndex=0&ccid=ilcy9uLG&simid=607987385434639989&thid=OIP.M8a5732f6e2c64177a3c5b9abbae74461H0) | | |
| **1.** | **What will happen to the project after this grant has ended?** | The project continues a smaller scale. We were fortunate that the Alabama DD Council, the Arkansas DD partners, the Mississippi UCED and the Georgia P and A, People First of Alabama committed monetary and in kind resources to sustain the project. | |
| **2.** | **What project activities will be sustained?** | Advisory committee meetings quarterly including one face to face.  Quarterly webinars and Vlogs | |
| **3.** | **What project activities will be replicated?** | Some of the project activities are replicated by the National Self Advocacy Resource and Technical Assistance Center-SARTAC. | |

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| [https://tse1.mm.bing.net/th?&id=OIP.M8a5732f6e2c64177a3c5b9abbae74461H0&w=300&h=224&c=0&pid=1.9&rs=0&p=0&r=0](https://www.bing.com/images/search?q=project+sustainability&view=detailv2&&id=A69ABCD5F10BC522189C76DB98E935757735061A&selectedIndex=0&ccid=ilcy9uLG&simid=607987385434639989&thid=OIP.M8a5732f6e2c64177a3c5b9abbae74461H0)  **(Continued)** | | |
| **4** | **If the project will be sustained or replicated what other funding sources will allow this to occur?** | DD Council Funds and In Kind services from a UCEDD and P and A |
| **5** | **Please note your significant partners in this project and if/how you will continue to work on this activity.** | Alabama State Council for DD  Arkansas DD Council, Disability Rights Arkansas, Georgia Advocacy Office, Partners for Inclusive Community (University of Arkansas for Medical Sciences), Institute for Disability Studies, Mississippi UCEDD, People First of Alabama |

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| **PROCUCTS DISSEMNIATED**  **(Products and communications activities may include articles, issue briefs, fact sheets, newsletters, survey instruments, sponsored conferences and workshops, websites, audiovisuals, and other informational resources.)**  **C:\Users\Katherine.CargillWi\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.Outlook\IXAMRK5A\sharing information.jfif** | | |
| **1.** | **Over the entire project period, what were the key publications and communications activities?** | 1. Video Blogs (Vlogs) 2. Technology Handbook 3. Webinars 4. Agendas and Minutes of Advisory Meetings (Virtual and Face to Face) 5. Technical Assistance Activities (virtual and on site) | |
| 2. | How were they disseminated or communicated? | 1. Vlogs  * Playlists were created on SABE Station on You Tube * E-Mail and Facebook posts * A link to You Tube is also included on the SABE website * Mississippi Self Advocacy Team with the support of the Institute on Disability at University of Southern Mississippi developed a vlog series called Chit Chat with Taylor  1. Technology Handbook  * Distributed at the National Self Advocacy Conference in Oklahoma City in October 2014. Additional copies have been made and provided at other conferences through the grant period. * Technology Handbook was also promoted in a workshop and at the projects advisory committee meeting at the National Conference. * In addition to the Handbook may be downloaded from the [www.sabe.org](http://www.sabe.org) * A vlog series was created in collaboration with Northeast Advocates Together, Southwest Alliance.  1. Webinars    * Broadcast by Go to Webinar    * Power Point provided to all webinar participants    * Promoted on SABE website and through Facebook posts    * Power Points and webinar recordings were made available on the SABE website. Webinar recordings are currently archived on You Tube 2. Advisory Meeting Minutes and Materials:  * Provided to all participants by e mail * Printed information provided at Face to Face Meeting * Advisory Committee Meetings are currently posted on SABE website.  1. Technical Assistance  * On Going Technical Assistance provided by OCSS staff and by peers from other states through advisory committee meetings and webinar activities * On-site Technical Assistance provided to Alabama and Arkansas in the development of plans to strengthen the movement in these states. | |

Attachments:

Summary of Project Activities: Pages 23-27

Video Vlogs produced by project Pages 28-33

Website, Social Media statistics: Pages 34-35

Sustainability Plan: Pages 36-37

Summary of Project Activities

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| Date of Meeting | Type of meeting | Topic | States/# Participating |
| 10/29/13 | Go to Meeting | Overview of Project | 8/8 |
| 11/19/13 | Go to Meeting | Surveys | 8/8 |
| 1/11/14-1/12/14 | Face to Face-Nashville, TN. | Review of survey results. Discussion of results of state organizational needs assessment, planning for webinar topics, and individual state needs assessment | 8/8  48 |
| 3/6/14 | Go to Meeting | Project updates and state expectations, logo selection | 8/8 |
| 3/27/14 | Webinar | Vlogging: Video Blogging | 18 |
| 4/22/14 | Webinar | How to Develop a Plan |  |
| 5/8/14-5/10/14 | Face to Face-Birmingham, Al. | State Plan Presentations | 8/8  39 |
| 5/27/14 | Webinar | How can our DD Partners Help Us | 24 |
| 6/24/14 | Webinar | Funding Strategies | 21 |
| 7/22/14 | Webinar | Writing Grants |  |
| 8/19/15-8/22/15 | On-site Technical Assistance  Presentation at state conference | Facilitated a review of PF Strategic Plan and strategies of support by partners and allies. Peers from other states presented at PF conference. | 45 participated in Technical Assistance event  100 participated in conference |
| 8/26/14 | Webinar | Keeping and Managing Grants | 16 |
| 10/11/14 | Face to Face National Conference Oklahoma City, Ok. | Social Media: Vlogging and other Tips, Review of State Plans and work plans | 8/8  39 |
| 11/19/14 | Go to Meeting | Project Update and discussion of Regional project and webinar topics | 8/8 |
| 1/15/15 | Go to Meeting | Review evaluation of first year and discussion of webinars, invitation to other Southern States to join the group, regional projects | 8/8 |
| 2/18/15 | Webinar | Salt Leadership Skills | 17 |
| 3/19/15-3/20/15 | Face to Face-Myrtle Beach, SC | State Plan updates, Development of sustainability plan | 8/8  36 |
| 4/23/15 | Webinar | Strategies for Building an Effective Team | 13 |
| 6/18/15 | Webinar | Strategies for Membership Recruitment | 18 |
| 7/23/15 | Webinar | Steps in organizing around an issue | 18 |
| 9/17/15 | Go to Meeting | State Updates, planning for Regional project, planning for Decatur, Ga. meeting | 7/9 |
| 9/24/15 | Webinar | Building Partnerships outside of the Disability Community | 13 |
| 10/10/15-10/11/15 | Face to Face-Decatur, Ga. | Leadership characteristics of group, developed the sustainability plan | 9/9 (two states by phone)  25 |
| 10/22/15 | Webinar | Closing Institutions | 17 |
| 11/19/15 | Webinar | Youth Leadership-Youth Summits and Other Ways to Engage Youth | 10 |
| 1/14/16 | Go to Meeting | Advisory Committee Reviewed the sustainability plan |  |
| 1/21/16 | Webinar | Long Road Home; How to expand our efforts beyond nursing homes | 18 |
| 2/18/16 | Go to Meeting | Advisory Committee Meeting | 7/9 |
| 3/17/16 | Webinar | How can our Partners help to sustain our Peer to Peer efforts? | 9 |
| 5/20/16 | Go to Meeting | Advisory Committee planning for meeting with Partners to obtain sustainability commitments |  |
| 7/5/16-7/6/16 | Face to Face Advisory Meeting-Orlando, Fl. | Sustainability Planning | 9/9 (one state joined by phone)  34 |
| 7/19/16 | Webinar | SALT Part 1: Teach Us to Do It Ourselves | 16 |
| 8/23/16 | On-site Technical Assistance | Project staff, Tia Nelis and peers and ally from Tennessee facilitated the development of initial plan for revitalization of Arkansas People First | 15 |
| 8/26/16-8/27/16 | Presentation State Conference | Chaqueta Stuckey gave Keynote on OCSS Activities | 124 |
| 9/15/16 | Go to Meeting | Advisory Committee Meeting to discuss final sustainability plan |  |
| 9/22/16 | Webinar-National Center for Cultural Competence-Georgetown | Understanding and Embracing Cultural Differences | 26 |
| 9/29/16 | Webinar | SALT Leadership Training Part 2 | 7 |

Video Blogs produced by Project:

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| Playlist | Topic | Produced or Submitted by |
| Our Community Standing Strong | **Our Community Standing Strong-Southern Collaborative Speaks** | **SABE**  <https://www.youtube.com/playlist?list=PLHe4SX3HJvyt8jUw4e5BzvfquH-2M1rXg> |
|  | Volunteering in the Community | Impact South Carolina |
|  | Members of People First of Oklahoma talk about SALT (Part 1) | Oklahoma People First |
|  | Members of People First of Oklahoma talk about SALT (Part 2) | Oklahoma People First |
|  | Lorri Mabry on Inclusion in Faith Communities | People First of Tennessee |
|  | People First of Alabama Energizer Bunnies | People First of Alabama |
|  | Arizona Jenkins and Kelli Munn with FL-SAND | Florida Self Advocacy Network’d |
|  | History of the Olmstead Act | People First of Georgia |
|  | **Amanda Baker Florida Self Advocacy Network’d Speaks out on Employment Supports** | **Florida Self Advocacy Network’d** |
|  | **Connie Coleman speaks out on Self Advocacy** | **Impact South Carolina** |
|  | Marriage Penalty | People First of Alabama |
|  | **Chit Chat with Taylor-Self Advocacy in Mississippi** | **Mississippi Self Advocacy Team** |
|  | **Chit Chat with Taylor Episode 2**  **How to Not Let Opportunities Pass You By** | **Mississippi Self Advocacy Team** |
|  | Charles Hall and April Meredith | People First of Tennessee |
|  | Self Determination | People First of Georgia |
|  | **In Our Own Words: Why We Want Parents to Talk to us About Sex** | **Impact South Carolina** |
|  | How to Safely Cross a Road | People First of North Carolina |
|  | Self Advocacy Team: Tony’s Story | Mississippi Self Advocacy Team |
|  | A Job is a Human Right | Florida Self Advocacy Network’d |
|  | The Marriage Penalty | People First of Georgia |
|  | **Connie Coleman speaks out on Independent Living** | **Impact South Carolina** |
|  | Celebrating the ADA | Florida Self Advocacy Network’d |
|  | Marriage Penalty | Oklahoma People First |
|  | Bullying | People First of Alabama |
|  | Leadership | People First of Alabama |
|  | Bernard Baker Story | People First of Georgia-Produced by CDC |
|  | Navigating Disabilities Q and A 1 | People First of Tennessee |
|  | Navigating Disabilities Q and A 2 | People First of Tennessee |
|  | Looking for a 5-pound door | People First of North Carolina |
|  | The Importance of Accessible Parking | People First of North Carolina |
|  | **Ebony’s Story** | **Impact South Carolina** |
|  | Long Road Home 2015 | People First of Georgia |
|  | Jeff Ridgeway: Celebration of Life 2015 | OCSS |
|  | National Conference Oklahoma City | OCSS |
|  | Medicaid Buy In | People First of Georgia |
|  | **Video Blogging** | **Impact South Carolina** |
|  | Jeff Ridgeway 2014-Self Advocate Leader | People First of Alabama |
|  | Arkansas People First Speaks out on Minimum Wage | People First of Arkansas |
|  | Leadership Characteristics: Attitude- Bryon Foxworthy-Alabama | OCSS |
|  | Confidence-Ebony DeLoach-South Carolina | OCSS |
|  | Motivation-Richard Chapman-Florida | OCSS |
|  | Passion-Gatha Logan, Jr. -Tennessee | OCSS |
|  | Enthusiasm-David Taylor, Jr.-North Carolina | OCSS |
|  | Leadership-George Neal | OCSS |
|  | North Carolina Employment to Work: The Road to Work | People First of North Carolina |
|  | Oklahoma People First-Speak out on Closing Institutions | People First of Oklahoma |
|  | Closing Institutions | People First of Tennessee |
|  | OCSS Reinventing Quality Presentation | OCSS |
|  | Long Road Home Introduction | People First of Georgia |
|  | Our Community Standing Strong-People First of Alabama Speaks Out on Fair Wages | People First of Alabama |
|  | The Tragedy of Children in Nursing Homes | Florida Self Advocacy Network’d |
|  | Employment | People First of Alabama |
|  | What is self-advocacy? | People First of Tennessee |
| My Technology Handbook | **Introduction** | <https://www.youtube.com/playlist?list=PLHe4SX3HJvyvIsmeJOu_jsTrcVwpbh20M> |
|  | **Internet Safety-Tips and Tricks** | OCSS-Mississippi Self Advocacy Team |
|  | **Smartphone Tutorial** | OCSS-Mississippi Self Advocacy Team |
|  | **How to install apps on Android Phone** | OCSS-Mississippi Self Advocacy Team |
|  | **How to make a Newsletter** | OCSS-Impact, SC |
|  | **Making a Newsletter 101** | OCSS-Mississippi Self Advocacy Team |
|  | **How to video Blog** | OCSS-Impact, SC |
|  | **Facebook** | OCSS-Mississippi Self Advocacy Team |
|  | **Creating a Facebook Page** | Southwest Alliance |
|  | **How to post a Tweet** | NEAT: Northeast Advocates Together |
|  | **How to create an Instagram Account** | OCSS-Mississippi Self Advocacy Team |
|  | **How to participate in a Teleconference** | OCSS-Impact South Carolina |
|  | **How to Host a Google Hangout** | NEAT: Northeast Advocates Together |
|  | **How to use Go to Meeting** | NEAT: Northeast Advocates Together |
|  | **How to participate in Go to Meeting** | Southwest Alliance |
|  | **How to Host Go to Webinar** | NEAT: Northeast Advocates Together |
|  | **How to upload a video on You Tube** | Southwest Alliance |
| OCSS Self Advocacy Groups Challenges and Successes | **South Carolina** | <https://www.youtube.com/playlist?list=PLHe4SX3HJvysjqzKIGdN-RfKMypWrR98p> |
|  | **Alabama Part 1** |  |
|  | **Alabama Part 2** |  |
|  | **Alabama Part 3** |  |
|  | **Florida** |  |
|  | **Georgia** |  |
|  | **Mississippi** |  |
|  | **Arkansas** |  |
|  | **What we have learned** |  |
| Chit Chat with Taylor | **17 Vlogs (including two listed in Our Community Standing Strong series)** | <https://www.usm.edu/disability-studies/chit-chat-taylor> |
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* You Tube Close Captioning may be turned on. However, not all vlogs captioning has been edited. The purpose of the production of vlogs was to assist groups in learning to use this technology as a tool for talking about their issues and to become more comfortable with the use of technology.
* **Vlogs in bold indicate editing for close captioning.**
* Vlogs listed from newest to oldest for Our Community Standing Strong-Southern Collaborative Speaks

**Website and Social Media:**

**Google analytics on SABEUSA.org website**

**Question 1 Returning vs. New visitors**

130 New Users and Sessions

210 pages were viewed

**Question 2: How many people have visited the website?** 130 new visitors

**Question 3 what device did they use to connect?** 130 desktop

**Question 4 what pages did they view?**

88 views looked at information about where you can vote, and 122 views on sharing [www.sabeusa.org](http://www.sabeusa.org/)

**Facebook:**

Our Community Standing Strong Page posting during the period: 72

1419 people were reached

Total likes to date: 90

Self Advocacy Technical Assistance Page

Total likes to date: 521

Self Advocates Becoming Empowered Facebook Group:

Increase in 246 members to total 1791 Members Self Advocates Becoming Empowered

**You Tube**

Self Advocates Becoming Empowered: Station:

Playlists:

**Our Community Standing Strong Series**

54 over the project period

1357 views on You Tube to date.

See Self Advocates Becoming Empowered Station-

Our Community Standing Strong Video Series: <https://www.youtube.com/playlist?list=PLHe4SX3HJvyt8jUw4e5BzvfquH-2M1rXg>

**Challenges and Successes for State Self Advocacy Organization**

9 vlogs

28 Views

**My Technology Handbook**-

17 vlogs

53 Views

A collaborative effort of three of Regional Technical Assistance Centers- Our Community Standing Strong, Northeast Advocates Together and Southwest Alliance

Total Vlogs produced to date by project: 80

Views: 1438

Chit Chat with Taylor:

Statistics not available

Final evaluation survey completed. 5 responded on survey monkey. Project staff also interviewed

Sustainability Plan for the Project:

| **Activity** | | **Who responsible** | **How many** | **How much** |
| --- | --- | --- | --- | --- |
| Coordinate activities:  Announcements  PowerPoints  coordinate topics  Prep speakers | | AL  Brittany  Nikki | Manage:  4 webinars  4 vlogs  3 call  1 Face to face meetings | $5,000 from DD Council |
| Social Media  Facebook, etc.… | | SABE |  |  |
| Vlogs  2-3 minutes | | 2 minimum per state | 4 AL  4 SC  4 GA  4 NC  2 FL  4 AR  2 OK  ? TN  4 MS | **Topics**  Transportation  Housing  Employment  CMS rules  Accessibility  Speedbumps  Crosswalks  Volunteering  Freedom  How to speak out  Robert Rules of order  Social relationships  Business social etiquette  Elephant in the Room (sex)  Relationship with PCAs  Leader -assertive, passive, and aggressive  Technology  Elevator speeches  Emergency Preparedness  PF language  Voting  Marriage penalty  ABLE Act  Giving back to the community  Red Cross  Education options, Project SEARCH  Accessibility in voting  Benefits, ticket to work  Supported decision |
| Webinars | 4 per year  Panel format | OK, Emergency Preparedness | In kind  Topics like vlogs |
| Conference calls | AL, free services | 3 Advisory meeting calls  1 hour | In kind |
| Regional Summit or Conference maybe with an outcome  Mitsubishi, Technology  Youth Grant | All states | 1 per year | Cost about $50,000 to $100,000  AL $5,000  AR $10,000  NC fund raise  GA $??? |
| SABE 2018 National Conference | AL  GA  NC  FL  MS |  | Cost about $500,000  Need upfront money $50,000 |